

2021-2022 Switzerland of Ohio Local School District School Menu
 Grades 9-12
 (Menu subject to change due to product availability)

Week	Monday Entrée Choices	Tuesday Entrée Choices	Wednesday Entrée Choices	Thursday Entrée Choices	Friday Entrée Choices
1	Creamy Macaroni & Cheese Chicken Cordon Bleu Chef Salad	Cheesesteak Sandwich Pepperoni Pizza Buffalo Chicken Salad	Chicken Filet Charbroiled Burger Chef Salad	Cheesy Chicken Quesadilla Cheese Pizza BBQ Chicken Salad	Creamy Tomato Soup and Grilled Cheese Sandwich Crispy Chicken Nuggets Chef Salad
2	Juicy Bacon Cheeseburger Crispy Popcorn Chicken Chef Salad	Spaghetti with Meat Sauce Pepperoni Pizza Buffalo Chicken Salad	French Bread Pep Pizza BBQ Chicken Filet Chef Salad	Chili w/ Cornbread Bosco Sticks w/ Marinara BBQ Chicken Salad	Beef & Cheese Nachos Boneless Buffalo Chicken Wings Chef Salad
3	Honey BBQ Beef Rib Crispy Chicken Parmesan Chef Salad	Popcorn Chicken Bowl Pepperoni Pizza Buffalo Chicken Salad	Walking Taco Charbroiled Burger Chef Salad	Taco Mac Cheese Pizza BBQ Chicken Salad	Golden Mini Chicken Corn Dogs Crispy Chicken Nuggets Chef Salad
4	Italian 3 Cheese Calzone Southern BBQ Chicken Filet Chef Salad	Taco Pepperoni Pizza Buffalo Chicken Salad	Meatballs Kick'in Boneless Chicken Chef Salad	Coney Island Chili Dog Bosco Stick w/ Marinara BBQ Chicken Salad	Pepperoni Calzone Boneless Buffalo Chicken Wings Chef Salad

Week 1: Aug 31-Sep 3; Sep 27-Oct 1; Oct 25-Oct 29; Nov 22-Nov 26; Dec 20-Dec 24; Jan 17-Jan 21; Feb 14-Feb 18; Mar 14-18; Apr 11-15; May 9-13; Jun 6-10
Week 2: Sep 6-Sep10; Oct 4-Oct 8; Nov 1-Nov5; Nov 29-Dec 3; Dec 27-Dec 31; Jan 24-Jan 28; Feb 21-Feb 25; Mar 21-Mar 25; Apr 18-Apr 22; My 16-May20
Week 3: Sep 13-Sep 17; Oct 11-Oct 15; Nov 8-Nov 12; Dec 6-Dec 10; Jan 3-Jan7; Jan 31-Feb 4; Feb 28-Mar 4; Mar 28-Apr 1; Apr 25-Apr 29; May23-May 27
Week 4: Sep 20-Sep 24; Oct 18-Oct 22; Nov 15-Nov 19; Dec 13-Dec 17; Jan 10-Jan 14; Feb 7-Feb 11; Mar 7-Mar 11; Apr 4-Apr 8; May 2-May 6; May 30 – Jun3
Cooks Choice: Nov 24 (Thanksgiving Meal); Dec 22 (Christmas Meal); Apr 14;

Bread, Pasta and Whole Grains may include: sliced bread, buns, hoagie rolls, rolls, flatbreads, pita, and tortilla shells

Salad ingredients may include: mixed greens, tomato, carrot, celery, cheese, and cucumber

Fruits may include: fresh or canned apples, bananas, oranges, fruit cocktail, mandarin oranges, pineapple, applesauce, pears, grapes, and peaches

Vegetables may include: all forms of potatoes, broccoli, corn, cauliflower, green beans, beans, carrots, celery, and lettuce

Condiments may include: mustard, ketchup, ranch dressing, buffalo, BBQ, and hot sauce, and mayonnaise

5 Lunch Components

- ☞ 1 main entrée
- ☞ 2 fruits, but can take just 1
- ☞ 2 veggie choices, but can take just 1 (each potato item is considered 1 veggie choice)
- ☞ 1 milk

Students must choose 3 components, one being fruit and/or veggies

This institution is an equal opportunity provider



**Meals prepared
by ServSafe
Certified Cooks**